



PENGUINS SWIMMING CLUB

SWIMMER'S AGREEMENT DURING COVID-19 PANDEMIC

This document, when completed and signed, confirms the swimmer's co-operation with Penguins Swimming Club to keep in place all health and hygiene practices - as detailed below – as preventative measures to stopping the spread of Covid-19 Coronavirus.

SWIMMER NAME:			
DATE OF BIRTH:			
PERSON TO CONTACT IN CASE OF EMERGENCY:		CELL NUMBER:	

During the entire time during any day I am present at a Penguins Swimming Club Training Venue I agree to abide by the following measures put in place by Penguins Swimming Club:

ON ARRIVAL

- Sanitise hands on entry to the facility
- Present myself for screening at the clearly marked station
- When cleared, proceed directly to pool deck

ON AND AROUND POOL DECK

- Sanitise hands on entry
- Wearing of mask at all times before and after the session
- Keep at least 1.5m apart from all other swimmers, staff and coaches
- Confine my belongings to the marked zone provided to me
- All swim equipment and water bottles, etc to be clearly named and never shared
- Proceed directly to my designated lane with my equipment

BEFORE DEPARTURE

- Remove all my items of swim kit and water bottle from pool deck
- Take ALL belonging to place of residence for cleaning

SWIMMER SIGNATURE:	
PARENT/GUARDIAN SIGNATURE (if swimmer is under 18yrs)	
SIGNED AT:	
DATE:	